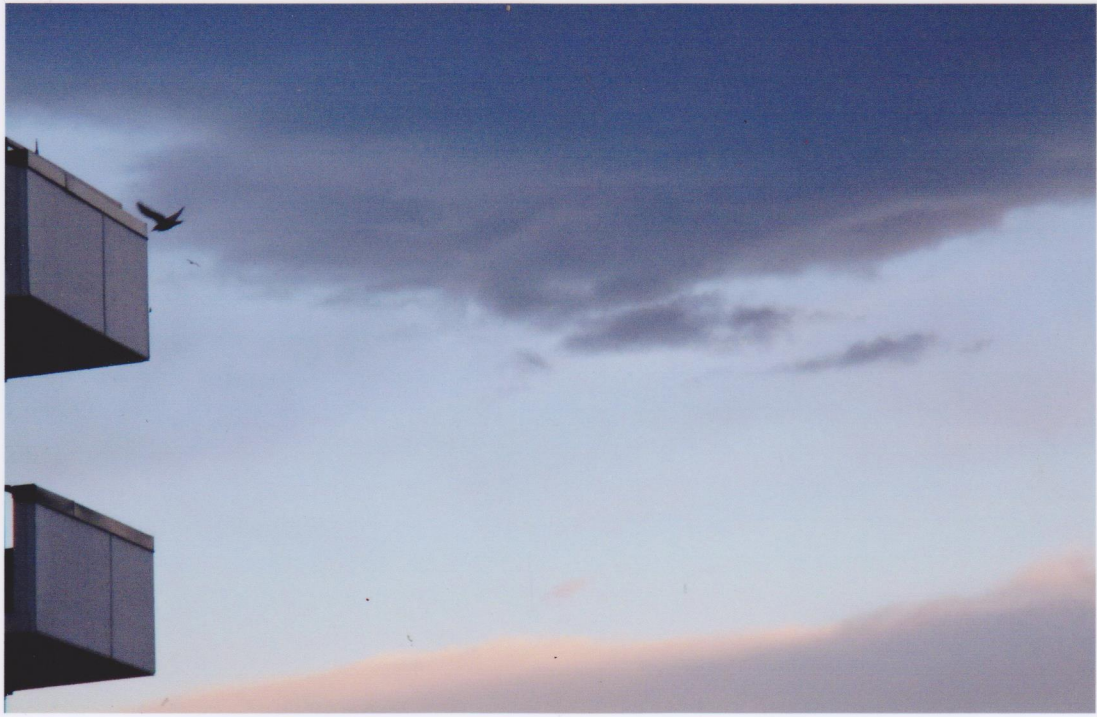


**THE CLUBHOUSE  
SANDWICH**

**Arrowhead's Art, Culture and  
Literature Magazine**

**Summer Edition**

**June 2019**



Photos submitted by Matt Pope

Dear Reader,

We would like to introduce the first edition of our quarterly magazine, The Clubhouse Sandwich. We hope it will provide a needed forum for all the amazing creative members of Arrowhead. The pages will be filled with Art, Literature, and various random creative endeavors ... classifieds, star achievements and classic overhead clubhouse quotes. Our goal is to showcase talent and fight stigma within our wider community. We want to show the world what we are capable of. The majority of our content is created or inspired through our ongoing art group and Friday afternoon creative writing class. We welcome submissions from all clubhouse members. Please email submissions to [arrowheadreception@gmail.com](mailto:arrowheadreception@gmail.com) or talk to one of the editorial team. Each quarter with will print copies of the magazine but also make it available online. We hope you enjoy this first edition.

We would like to thank those who have contributed:

<b>Carrie</b>	<b>Marie</b>	<b>Nicki</b>	<b>Suzy</b>
<b>Crystal</b>	<b>Matt</b>	<b>Penny</b>	<b>Tedd</b>
<b>Kristaps</b>	<b>Melanie</b>	<b>Ron</b>	

We would like to dedicate this first edition to our dear friend Dale Wigton, a huge supporter of all Arrowhead projects.

Editorial Team – **Carrie, Foye, Melanie Elizabeth, Suzy Faith** (we welcome anyone to get involved in the Editorial Team).

Thanks to our tech support – **Jason Lange, Jesse and Ron Michel**

**Disclaimer:** The opinions expressed in these creative writings and artworks are opinions of their creators and do not necessarily reflect the opinion of Arrowhead Clubhouse. Therefore, Arrowhead Clubhouse carries no responsibility for the opinion expressed therein. Arrowhead Clubhouse assumes no liability or responsibility for any inaccurate, delayed or incomplete information. *Any form of reproduction of any content in this magazine without the permission of the author or artist is strictly prohibited.*



"Crow" by Suzy Faith



"Tiger" by Melanie Elizabeth



## The Pursuit Of Happiness

The little boys that I have helped raise were all on The Pursuit Of Happiness. For a juvenile delinquent, the highest rank as an offender is to be a pimp and/or drug dealer. Almost every boy that I've tried to help wanted to grow up to be a Thug.

One boy I knew since he was 10, Jonathan Gurrard, kept getting busted for stealing. He was in and out of juvie, court, and probation offices from the age of 12 until he graduated to Adult Time. I told him he sucked at thieving and should try for another profession.

When "my boys" went to jail their mothers would say that they were off working or going to school. The kids would come back to town, and tell me they had been "doing time", while laughing at me for believing their mom. They were proud to have done their time, it was their right of passage.

One year I watched a Native boy, raised in the foster system, who had been in our town for two weeks get charged for the years worth of crimes. I was really upset because it wasn't fair and it was

By Melanie Elizabeth

racist. One older man explained it to me like this,

"It's fine. He lives in jail. It's where he gets his 3 squares and a bed." That is what happens to institutionalized children, they age out from foster care, to group homes, to juvie, to remand, to the Pen. At least for the boys.

I left Northern Alberta for numerous reasons but I was afraid that I was going to grow old up there watching all the little boys I knew growing up to go to jail. It made me scared and sad.

Now I am on The Sunshine Coast and it's worse. I am watching the young men I know and Love not grow up at all. I am watching them die. We are too close to Vancouver.

That is why all the "little boys" I know are so important to me. I want to watch a boy grow into a man who grows into a hero. I want to watch a "Young Man" grow up Proud, Brave, Loved, and Free.

By Penny Calo Singh



“ RACISM IS NOT VERY FUN !! ”

AND SAYS “ I LOVE EVERYONE EQUALLY ”

”

”



My name is Ron Michel. A while ago I started a project of a game. It was a lot of mechanics and art, forming a world that allowed players to build a town of stores, a house and roadways leading all around. The overall purpose of the game is to build a deck of cards that one can challenge non-player characters and human players alike. Building a game requires a lot of graphics and a lot of coding.

I got it to the point of finding it justifiable to find and pay for an actual hosting site for publishing it, with a company called Hostinger, at a cost of \$110.00 a year.

The hosting service actually helped me with setting up the certificate as i am designing this on an android tablet, which has not the ability to run any of the protocols needed to gain secure connection to the server in order to authenticate the certificate.

The first game i hosted was this [cardsofthehouse.com](http://cardsofthehouse.com) game. I added a lot of new features to that game, such as a deck analysis section to check the shuffling and distribution of the cards for player satisfaction before actually playing against another player.

Games mainly comprise of the same types of routines so I decided to duplicate the game, remove the unique parts that made it the previous game, and began writing a second game of another nature and style. I decided on 2 games i might start and a fun idea of a graphical game hub, where one can walk from game to game, out of the, eventually, many games i will host on my site. The player would also be able to perform some passwording functions on this hub area, such as changing and setting up a forgotten password system. I have not seen this actually done, though it is not a new idea, most places that label themselves as a game hub and a list of games, not a map you walk about on as if in a game, so I am hoping this attracts some attention.

My second game is a world of resources such as mine rocks, trees, fish and flowers that when used with tools like anvils, and tanning stations, presses and such to for weapons, armour, food and other tidbits.

My goals are always huge, which means a

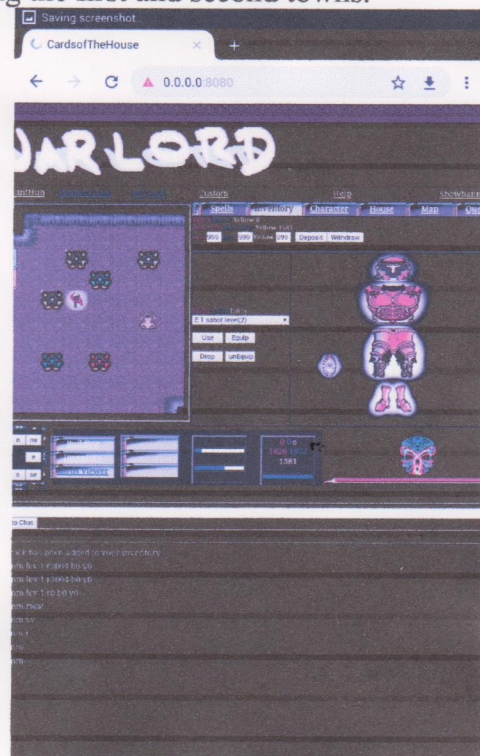
lot of work. There is 20 levels of each resource, and items. There is 3 classes of players needed and those are the metal, leather, and linen wearing, as well as at least one weapon per class for now. The armour entails a hat, top, pant, and boot per (inside the code and ready to code in is more types like shoulder and gloves etc.)

What this means is 3x4x20 images just for the armours alone, not including the 20 minerock, fish, tree, flowers, 3x weapons, and rings... which comes to 420 images.

This high set goal can cause procrastination and for a few days i was overwhelming myself with the thought that i needed to plan this art intensive work i was about to do.

One morning i awoke and without allowing myself to argue, i picked up my tablet and made all the metal and the linen armours, which then broke the procrastination and now i am all done and quite happy with the results i got.

I am now back into programming the mechanics for a bit, and as well have started building the first and second towns.



Soon my site

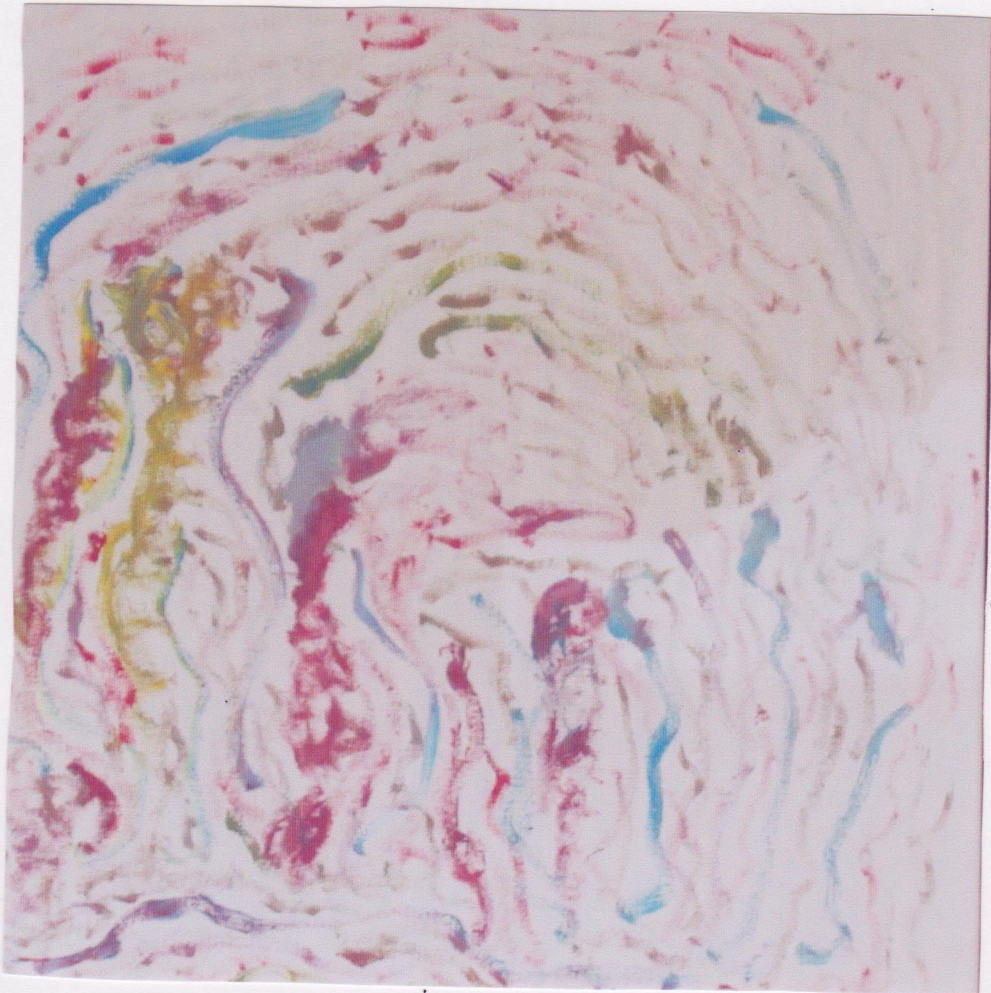
<https://www.cardsofthehouse.com> will have the new account hub, and warlord (name pending) game hosted there, as well as cardsofthehouse itself will be incorporated into the new system.

It is a lot of fun to create, but it is a lot of work too!

## Mixed Media

Title: Point / Counter Point

Be a piece of mixed media, this edition's media is a poem by Suzy Faith and a painting by Carrie Z. The two pieces flow with each other.





## **EXPLOSION OF FEELINGS**

**I wonder in my mind  
What you see isn't kind  
A broken adult who's lost  
And a ruined childhood was the cost**

**I smile in the daylight  
But I cry at midnight  
Sometimes I want to scream "FUCK"**

**Because everywhere I go people are out of luck  
And I've seen them cry  
I've heard them all lie  
There happiness doesn't last  
And the high is gone so fast**

**I wish I wasn't mental  
I wish my every dime wasn't crucial  
I wish people smiled  
I wish people weren't so wild**

**And no I don't want to contain my friends  
I just hope I see a better end  
Like I wish people lived to old age nowadays**

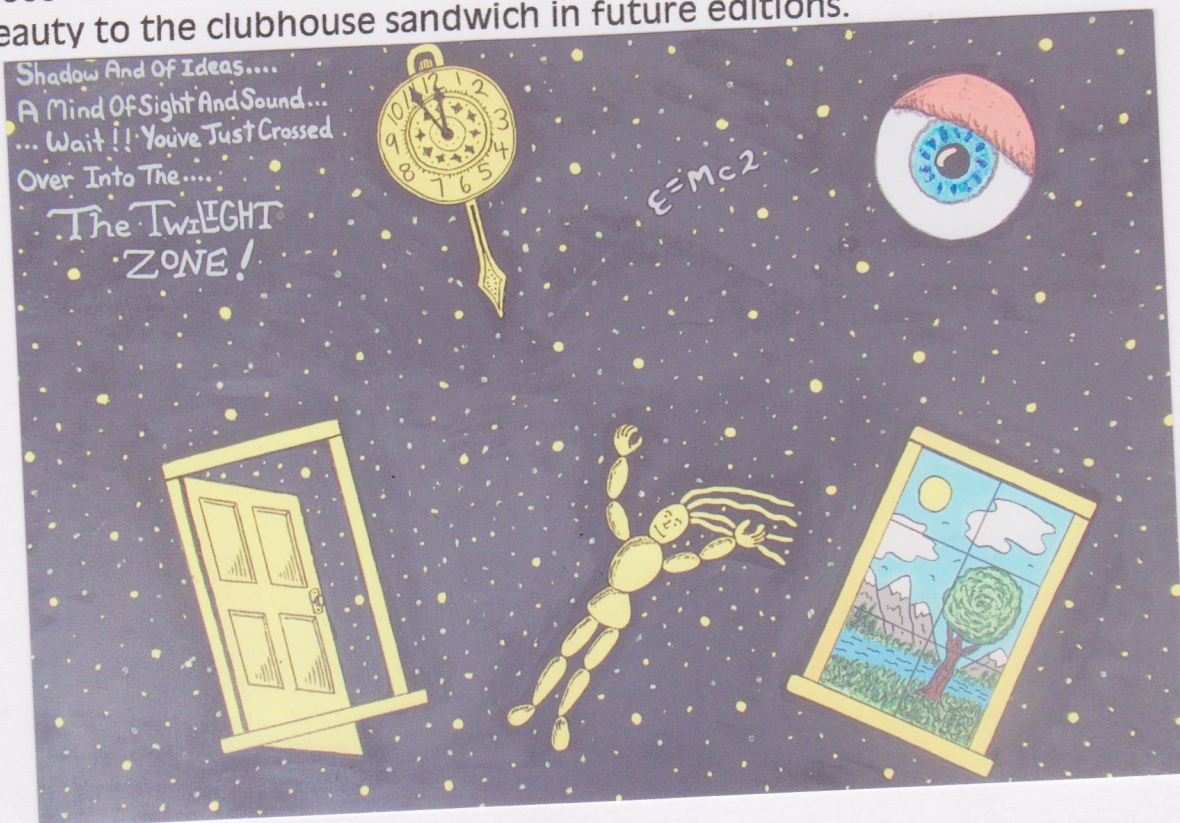
**And if that means I have to count my prays  
Not my praise silly to count that  
But how many times i pray for someone not to go so fast**

**I love people I truly do  
I love my mom if she only knew  
Sometimes my anger takes over  
And i should really learn how to hide and take cover**

**Because I take it out on my momma  
That makes me sad all the time anyways comma.**

**By Suzanne Faith**

Teddy's timeless representation is very much how he thinks and in this piece he has ... gone into the beyond. Teddy's work will continue to bring beauty to the clubhouse sandwich in future editions.



Crystal's vibrant and stunning painting quite simply speaks for itself.





## **Gold Star Achievements**

**(Please nominate your fellow members for future editions of the magazine)**

- **Thank to Jonathon C for doing the dishes on the 18<sup>th</sup>**
- **“We are so thankful and grateful for the new kitchen sink”**
- **Kudos to Jason for fixing the printers**
- **Thanks to Ron for cleaning up the butts at the front of the building!!!!!!**

## **Quotes to Remember**

**Did you hear someone say a one-liner that was profound, hilarious, or just unique, let us know and we'll put it in the next edition.**

**\*“Only you can reject you”**

**\*“Before you judge a man, walk a mile in his shoes. After that who cares?... He's a mile away and you've got his shoes!” — Billy Connolly**

**\*Hindu proverb – “Smile and be entangled”**

**“Not everything that is faced can be changed. But nothing can be changed till it is faced”**

Kristaps Zirnitis is a local poet and part of team crazy. Here an excerpt from his Facebook. Chapbooks of poems are available.

October 16, 2018

Dew heavy with puddles and black crows flying in the morning. I sit in the massage chair and do sudoku. Earlier waking in darkness I had espresso and thoughts about romance and adventure. I had a mix of weighted and hopeful dreams. I will myself to be empowered. I wish to do more this day: clean, write, bike, hike, tennis even, in the sun that remains. But after three puzzles I just sit and breathe. In the afternoon I see my GP about an eye. Some abbreviated whining and moping. Oh this chronic fatigue. Oh this slumber of my narrative mind. Oh the aching rib spur. My painful painters wrist. But life is good. There is sun. My eye corner does not have a flesh eating infection; it is just sore. The slump will end. I will go hiking. Someone will invite me to jam and I will sing poems. There will be an afternoon of just kissing and forests. Kellei has a friend that cycles and canoes and does yoga. I meet them at the Lighthouse and we have beers and share thoughts about the traitor Lance Armstrong and other stuff like sweating in saunas and how good Foamers is. Now I lie down outside with my comfy latex pillow and look at stars and galaxies and gas clouds. The white silver photons that come so far to be in reach. Somewhere in the distance other minds breathe this same light. Have dreams, play puzzles, suffer pain; Love



**ARROWHEAD ANNUAL TALENT SHOW**  
**1PM FRIDAY JUNE 7th 2019**



**SHOW  
YOUR  
TALENT**

**The highlight of the last year for many was the Talent Show. We saw some truly amazing performances! If you're a singer, stand up comedian, master of spoken word, magician, contortionist or animal trainer, now is your time to shine. The Arrowhead stage is waiting for you.**

**Get practicing ready for Friday June 7th. Be bold. Be heard.**

# Classifieds

## Wanted

Household Items (kitchen, bathroom, etc.) for the 26 members of Arrowhead Clubhouse who have been offered places in the Raincity and BC housing new supportive housing development at 5656 Hightide Avenue in Sechelt. No furniture thank you.

Contact the clubhouse – 604 747 4735  
[arrowheadreception@gmail.com](mailto:arrowheadreception@gmail.com)

## ARROWHEAD GARAGE SALE – Saturday 22nd 2019

Needed – donations for the annual garage sale. Please drop off donations at the clubhouse (5554 Inlet Ave, Sechelt, BC.) Any remaining items after the sale will be donated to members in need. Come along on the 22<sup>nd</sup> and enjoy what is offered.

## Art and Craft Supply Drive

As this magazine shows Arrowhead is embracing our arts and crafts time! We have 101 amazing ideas but need more materials ... paints, canvasses, paper, paint brushes, etc.

Contact the clubhouse – 604 747 4735  
[arrowheadreception@gmail.com](mailto:arrowheadreception@gmail.com)

## NEEDED – Talent

Arrowhead Talent Show is back – Friday 7<sup>th</sup> June. Last year was amazing and time it's going to be bigger and better. It's time to shine!



YOUR  
AD  
HERE

Business or Personal place your ad here. Contact the Magazine Editorial Team to place your Ad.  
[arrowheadreception@gmail.com](mailto:arrowheadreception@gmail.com)

## Arrowhead

On a corner of the street  
Stands a place we all can meet  
To sit in silence or to speak  
Of how we all have spent our week.

The friendships made will always be  
A part of you, a part of me.  
Staff is here to lend a hand  
On our behalf and take a stand.

We have problems one and all  
So come to Arrowhead, hear our call  
Our doors are open, come have lunch  
You'll never meet a greater bunch.

From "Know Me" by  
Marie Sturgeon



By Nikki



**In loving memory of our dear friend Dale Wigton.**

**1956 - 2019**